

## St Arvans Church mid-week Bulletin Wednesday 30<sup>th</sup> March 2022

**Sunday Eucharist:** Sunday 10am. Places must be booked

**Night Prayer: tonight at 9pm, one hour later than normal** – online only

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### St Arvans online

Live service stream : [https://www.facebook.com/pg/vicaragecello1/videos/?ref=page\\_internal](https://www.facebook.com/pg/vicaragecello1/videos/?ref=page_internal)

Facebook : St Arvan's Parish group – please like us and become a follower

Webpage at: [www.starvanschurch.org.uk](http://www.starvanschurch.org.uk)

Instagram: starvanschurch

Twitter: St Arvans Church @Arvanschurch

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*Please send any contributions to this bulletin to [starvanschurchnews@btinternet.com](mailto:starvanschurchnews@btinternet.com)*

*Please share it with others whom you think be interested, and invite them to contact us if they want to go on the mailing list at: [starvanschurchnews@btinternet.com](mailto:starvanschurchnews@btinternet.com)*

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### Spring Fashion Show

Thank you to all who helped with the fashion show last Friday, and to those who attended. A big thank you to Jean Papps for organizing it, and to Harts of Monmouth and their models.

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### Help for Ukraine



**The Upcycling Warehouse in Chepstow (opposite Chepstow Railway Station) is collecting refugee relief goods for Ukraine.** They are on their way to Poland in vans this week and intend to go every week.

In connection with this, Emma Low from St Arvans is collecting items to be sent to the borders of Ukraine to assist those fleeing from the violence of the Russian invasion.

They are now in need of **first aid items and dried food (well withinin sell-by date, please)**

**There is a box at the back of St Arvans Church for those who wish to donate.**

St Mary's (Roman Catholic) Church in Chepstow is seeking to refurbish a bungalow in their school grounds in order to house Ukrainian refugees. They are hoping to raise £3-4,000 over the next few weeks.

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## **Prayer and Meditation**

*"Grant that I may hear [Your Word]with reverence, receive it with meekness, mingle it with faith,and that it may accomplish in me, Gracious God, the good work for which Thou hath sent it. "*

*~ George Washington*

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### **Isaiah 49: 8-15**

Thus says the LORD:

In a time of favour I have answered you,  
on a day of salvation I have helped you;

I have kept you and given you  
as a covenant to the people,

to establish the land,  
to apportion the desolate heritages;

saying to the prisoners, 'Come out',  
to those who are in darkness, 'Show yourselves.'

They shall feed along the ways,  
on all the bare heights shall be their pasture;  
they shall not hunger or thirst,  
neither scorching wind nor sun shall strike them down,

for he who has pity on them will lead them,  
and by springs of water will guide them.

And I will turn all my mountains into a road,  
and my highways shall be raised up.

Lo, these shall come from far away,  
and lo, these from the north and from the west,  
and these from the land of Syene.

Sing for joy, O heavens, and exult, O earth;  
break forth, O mountains, into singing!

For the LORD has comforted his people,  
and will have compassion on his suffering ones.

But Zion said, 'The LORD has forsaken me,  
my Lord has forgotten me.'  
Can a woman forget her nursing-child,  
or show no compassion for the child of her womb?  
Even these may forget,  
yet I will not forget you.

### **Psalm 145: 8-14**

The LORD is gracious and merciful,  
slow to anger and abounding in steadfast love.  
The LORD is good to all,  
and his compassion is over all that he has made.  
All your works shall give thanks to you, O LORD,  
and all your faithful shall bless you.  
They shall speak of the glory of your kingdom,  
and tell of your power,  
to make known to all people your mighty deeds,  
and the glorious splendour of your kingdom.  
Your kingdom is an everlasting kingdom,  
and your dominion endures throughout all generations.  
The LORD is faithful in all his words,  
and gracious in all his deeds.  
The LORD upholds all who are falling,  
and raises up all who are bowed down.

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### **A reading from the gospel of St John 5: 19-30**

Jesus said to them, 'Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father does, the Son does likewise. The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these, so that you will be astonished. Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomsoever he wishes. The Father judges no one but has given all judgement to the Son, so that all may honour the Son just as they honour the Father. Anyone who does not honour the Son does not honour the Father who sent him. Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgement, but has passed from death to life.

'Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to execute judgement, because he is the Son of Man. Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

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## Music

Singers from Brigham Young University sing the hymn “Come Thou Fount of Many Blessings” in Ukrainian.

[Come Thou Fount of Many Blessings in Ukrainian - YouTube](#)

Paul Gurr sings Come as You Are.

[Come as You Are - YouTube](#)

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## On the lighter side

A few weeks ago, I included a clip of peregrine falcon chicks on the nest in the tower of Ely Cathedral. Here is another clip of a magnificent adult bird taking its turn on the nest.

[Ely Cathedral Peregrine Falcon webcam now live! - YouTube](#)

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