

St Arvans ONLINE ! TONIGHT AT 8PM – Evening prayer

Find our live service stream

at: https://www.facebook.com/pg/vicaragecello1/videos/?ref=page_internal

Sunday Morning Eucharist will be broadcast live at 10am

Wednesday evening: Night Prayer will be broadcast live at 8 pm

On our webpage at: www.starvanschurch.org.uk

On Facebook : St Arvan’s Parish group – please like us and become a follower

On Instagram: starvanschurch

On Twitter: St Arvans Church @Arvanschurch

Please send any contributions to this bulletin to starvanschurchnews@btinternet.com
The Sunday readings and meditation will be circulated separately.

Please share it with others whom you think will be interested, and invite them to contact us if they want to go on the mailing list at: starvanschurchnews@btinternet.com

Copies of all our bulletins are also on our webpage.

Father Michael invites anyone who needs assistance or wants a chat to call him on 622064 or 07867 803479

Today is the feast of Oswald, King and Martyr (604 – 642). Oswald was king of Northumbria. At Oswald’s invitation, St. Aidan led a group of Irish monks from Iona to found a monastery and missionary bishopric for the kingdom at Lindisfarne. The historian Bede says that he asserted his authority over all the peoples of southern England. The pagan king Penda defeated and killed Oswald at Maserfelth (or Maserfeld, probably near Oswestry, in present-day Shropshire). The dead king was venerated as a martyr of the Northumbrian church, and it was believed that his remains worked miracles. *****

Prayer and meditation

Psalm 28

To you, O LORD, I call;
my rock, do not refuse to hear me,
for if you are silent to me,
I shall be like those who go down to the Pit.
²Hear the voice of my supplication,
as I cry to you for help,
as I lift up my hands
toward your most holy sanctuary.^[a]
³Do not drag me away with the wicked,
with those who are workers of evil,
who speak peace with their neighbors,
while mischief is in their hearts.
⁴Repay them according to their work,

and according to the evil of their deeds;
 repay them according to the work of their hands;
 render them their due reward.
⁵ Because they do not regard the works of the LORD,
 or the work of his hands,
 he will break them down and build them up no more.
⁶ Blessed be the LORD,
 for he has heard the sound of my pleadings.
⁷ The LORD is my strength and my shield;
 in him my heart trusts;
 so I am helped, and my heart exults,
 and with my song I give thanks to him.
⁸ The LORD is the strength of his people;
 he is the saving refuge of his anointed.
⁹ O save your people, and bless your heritage;
 be their shepherd, and carry them forever.

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The Gospel of St John: 16-33

A little while, and you will no longer see me, and again a little while, and you will see me.” ¹⁷ Then some of his disciples said to one another, “What does he mean by saying to us, ‘A little while, and you will no longer see me, and again a little while, and you will see me’; and ‘Because I am going to the Father?’” ¹⁸ They said, “What does he mean by this ‘a little while’? We do not know what he is talking about.” ¹⁹ Jesus knew that they wanted to ask him, so he said to them, “Are you discussing among yourselves what I meant when I said, ‘A little while, and you will no longer see me, and again a little while, and you will see me’?” ²⁰ Very truly, I tell you, you will weep and mourn, but the world will rejoice; you will have pain, but your pain will turn into joy. ²¹ When a woman is in labor, she has pain, because her hour has come. But when her child is born, she no longer remembers the anguish because of the joy of having brought a human being into the world. ²² So you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you. ²³ On that day you will ask nothing of me. ²⁴ Very truly, I tell you, if you ask anything of the Father in my name, he will give it to you. ²⁴ Until now you have not asked for anything in my name. Ask and you will receive, so that your joy may be complete.

²⁵ “I have said these things to you in figures of speech. The hour is coming when I will no longer speak to you in figures, but will tell you plainly of the Father. ²⁶ On that day you will ask in my name. I do not say to you that I will ask the Father on your behalf; ²⁷ for the Father himself loves you, because you have loved me and have believed that I came from God. ²⁸ I came from the Father and have come into the world; again, I am leaving the world and am going to the Father.”

²⁹ His disciples said, “Yes, now you are speaking plainly, not in any figure of speech! ³⁰ Now we know that you know all things, and do not need to have anyone question you; by this we believe that you came from God.” ³¹ Jesus answered them, “Do you now believe? ³² The hour is coming, indeed it has come, when you will be scattered, each one to his home, and you will leave me alone. Yet I am not alone because the Father is with me. ³³ I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!”

Music

One of my favourite hymns this week: Ye Holy Angels Bright – it comes with subtitles, so you can sing along.

<https://www.youtube.com/watch?v=NAwTDwbVM3o>

The One Voice Children Choir sing Glorious.

<https://www.youtube.com/watch?v=nomxXk6Q1rk>

On the lighter side

A Sunday school teacher asked her children on the way to service, "And why is it necessary to be quiet in church?" One little girl replied, "Because people are sleeping."